



Community Wellbeing Activators – **Barton's Historical Health Walk**

*Would you like a gentle stroll in friendly company?*

Join us for a short health walk around Barton, a distance of - **1.60miles. Duration – 35 minutes – 1 hour** (depending on pace and if any stops are made for discussions)

**Date: Starting on 5<sup>th</sup> November, at 10:30am** then alternate Fridays.

Meet at: Baysgarth House Museum – car park (DN186AH). For further information contact Alison 07825 858175 or Alice 07766 747070.

The health walk is free to join, we just recommend comfy footwear such as trainers or walking shoes, dress appropriately for the weather and bring a drink.

**North  
Lincolnshire  
Council**